

Help, Hope, & Healing

PREGNANCY CLINIC MINISTRY NEWSLETTER SPRING 2021

Rebecca was in her mid-twenties, in grad school and working part time, and having fun dating. That all came to a screeching halt late one autumn night as she sat on the cold floor of her bathroom with a positive pregnancy test in her hand. "I was in complete shock," Rebecca remembers. "It felt like I was watching a bad movie that I couldn't turn off. My thoughts ran wild with disbelief and fear. This couldn't be real; this couldn't be happening to me."

Rebecca soon realized that the baby's father did not want to be involved. She was alone. **"I was terrified and didn't know what to do.** I decided not to tell anyone while I tried to figure out my options." Rebecca had heard of the Pregnancy Clinic from her church and decided to make an appointment. The volunteer counselor she met with encouraged her to tell her family about her pregnancy, and continued to reach out to Rebecca to check on her.

"She would always ask if I had talked with my family yet," Rebecca recalls. "Every time she called I told her that I hadn't told anyone and I still hadn't decided what I was going to do. Though I didn't want to hear it at the time, God was using her to speak to me. Her persistence and continued support helped me to eventually accept my pregnancy and share with my family and friends. Once I did, *everything changed.* **I was met with incredible love and acceptance - and I could feel God's love and acceptance for me through them. I decided to keep my baby.** I knew that even without a dad in his life my child would be deeply cared for by me, my family, my friends and most importantly, his Heavenly Father."

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Rebecca's son was born in 2013, and she has been a single mom since. She graduated with her master's degree while eight months pregnant and now works full time as an Early Childhood Behavior Consultant. It hasn't been easy and although she has had many challenges along the way, Rebecca shares that there have also been many blessings.

"Holding my son for the first time was the most wonderful moment of my life. I felt instantly connected to him and I was filled with more love than I ever knew was possible. My son is growing up to be an incredible little man. He is bursting with energy and excitement. He is passionate, creative, smart and determined. He enjoys drawing pictures to create books and making movies with his kid's video camera. He loves animals and is obsessed with everything related to dinosaurs."

Rebecca's son was diagnosed with ADHD and Anxiety, which have produced many difficulties and challenges over the past few years. "I work hard to provide him with the daily structure, routine and support he needs to be successful. I support school staff and families of young children who are experiencing challenging behaviors. God has tied my challenges and my career together so that I can help others from what I have learned professionally as well as personally."

(Cont'd on page 2)

The Pregnancy Clinic Ministry is a faith-based, medical non-profit, serving those facing pregnancy-related and sexual health issues by offering physical, emotional, and spiritual support, and empowering them to make healthy and life-affirming decisions.

helphopeandhealing.org

(Cont'd from page 1)



Looking back, Rebecca saw how God used her journey as a single mom to make her more like Jesus. A few years after her son was born, God put it on her heart to help other single parents like herself.

"In 2015, I decided to take the Pregnancy Clinic Volunteer Training Class and see where God would have me be involved with the ministry that had done so much for me. I now teach the Successful Single Parenting LifeSense Class. I love to connect with and encourage the moms in my classes."

In 2018, she expanded her outreach by starting a blog for single moms, and is now working on a devotional book to show God's great love for them and the beautiful life he has planned. "I encourage them to look for the good and seek God when life is challenging."

"God used the Pregnancy Clinic to help me during a very difficult time. I pray God will use me to do the same for others. God has done so much for me. It is my calling to give back to others, and to use my pain for His purpose and my story for His glory."

Pamela's Post

Buckle up, because life going forward for a time is going to be a rough ride.

The new sheriff in town and his administration celebrate their support of Big Abortion. Across the board is a slate of pro-abort cabinet positions, chief among them A.G. Becerra, who spearheaded California's effort to force Pregnancy Centers to promote and refer for abortion services. Thankfully we won the Supreme Court case of NIFLA v. Becerra.

However, now that they are in power, this attack on Pregnancy Clinic work will come back with a vengeance. Medical abortions by pill are becoming Big Abortion's preferred method. We saw this push for distribution recently rear its ugly head in Maryland with a slate of bills this session to allow the abortion pill to be dispensed to young teens, like candy from a Pez dispenser.

Fewer constraints, combined with government funding, will only lead to an increase in the number of abortions - not only in Maryland, but nationally and internationally. Only the supposed majority of conservative justices on the Supreme Court can now serve as a block to the most radical abortion agenda ever empowered in DC.

The immediate future looks grim and hopeless.

And this is *exactly* how the women we care for imagine their lives will be if they say Yes to their unexpected pregnancy. **We have been called to walk in the hard places with women considering abortion - to proclaim truth, hope, and life.** We can help her be brave – to say No to her fears and Yes to this preborn baby.

We are called to be the face of Jesus to her, stretching out our hand with that cool glass of water and the Good News. Yet these very words of counsel we give her, we need to tell ourselves. God has got this!

While we don't know exactly how God will work in her situation, we know He will, and we trust with confidence that the Lord's plans for her involve 'a hope and a future' (Jer. 29:11). And as we feel the weight of the uncertainty of tomorrow, we must draw assurance and strength from the One we know holds our future.

With trust in the Lord we will face this and fight this - come what may.

In Christ,

Pamela Palumbo, CEO



"SOME TRUST IN CHARIOTS AND SOME IN HORSES,
BUT WE TRUST IN THE NAME OF THE LORD OUR GOD."

PSALM 20:7

Post Abortion Bible Study

If you or someone you know is experiencing trauma from a past abortion, we can help.

Our Post Abortion Bible Study offers a safe, confidential refuge staffed by well-trained, compassionate professional and lay counselors. Contact us today and begin the journey to the healing and forgiveness found in Jesus Christ. Email abortionhealing@pregnancyclinic.org.



Change For Life

Baby Bottle Campaign

Let's schedule your church's 2021 Baby Bottle Campaign! Both traditional and virtual campaigns raise support to save and change lives right here in your community. Contact Angela for more information, angela@pregnancyclinic.org or 410.431.5000.



Medical Services at the Pregnancy Clinics

Our dedicated medical team makes it possible for us to offer a variety of services to local women - completely free of charge:

*Viability Ultrasounds ~ Medical consultations
Pregnancy Testing ~ STD and HIV testing
Sexual Health Counseling ~ Abortion Pill Reversal protocol*

The needs in our community continue to grow - and so do we! Future plans include adding to our medical team, expanding current programs, and offering holistic women's health (including annual exams).

Medical Professionals: we need YOU on our team!

The Pregnancy Clinic Ministry is seeking RN's, Nurse Practitioners, Physician Assistants, and Physicians to join our team, both volunteer and paid positions. To learn more about opportunities for medical professionals, contact Shellie Wilson, Nurse Manager, at 410.431.5000 or shellie@pregnancyclinic.org

Meet two of the newest members of our medical team, Shayna Brower and Jenn Wilhite.

Gifts in Honor & Memory

Looking for a special way to show you care, a gift that will impact generations to come? Make a gift In Honor or In Memory. Details at helphopeandhealing.org/giveacard/

Susan and Tom Bolander in honor of Hudson, Griffin and Calvin
Rebecca Chambless in honor of her daughter, Juliet Bennett
Giana Jowers in honor of Jean Rheingrover, Angela Jo Leonard, and Jeannette Reinecker
Nate & Angela Bailey in honor of Lilia Joy Bailey
Jim and Deb Laite in honor of their Mothers, Lorraine and Linda
Robert Goldschmidt in honor of Marguerite and Tom Rowe, Ellen and Joseph Goldschmidt, Joan and William Goldschmidt, Marie and Walt Goldschmidt, Catherine and Rich Gobao, Elizabeth Szollosi
Jessica Litsheim in honor of Martha Keenan
Joanna Borowy in honor of Cathy Chino
Mike & Shellie Wilson in honor of Karima and Keith Freeman, Suzy Wilson, and David Titus
Bill & Jill Strickland in honor of their granddaughter, Gia
Ryan Queen in honor of Marian Queen
Kathleen Brunner in honor of Bill Rettew, Sandra Racz, & Donna Pace
Teresa Leet in honor of her mother, JR Hughes

Ida Kern in memory of Yvonne Palumbo
Sheffield Construction Co., Inc. in memory of Yvonne Palumbo
Jill Strickland in memory of Yvonne Palumbo
Kathleen Brunner in memory of Yvonne Palumbo
William Karlson in memory of Yvonne Palumbo
Lisa and Kevin Lander in memory of Yvonne Palumbo
Jonathan Palumbo in memory of Yvonne Palumbo
Michelle Sol in memory of Pat Friedman
Esther Plaster in memory of Jesse Kay
Mike & Shellie Wilson in memory of Grady Oakley
Jane Beard in memory of Richard Blewett
Patricia Smith in memory of Jeanette V. Smith
Joe & Pamela Palumbo in memory of Piper Elizabeth Parrish
Roger & Therese Cooley in memory of Therese's little brother, Joseph Anthony Orlando
Mimi Lyman in thanksgiving for the safe births of Nina, Elspeth, and Elizabeth

IS GOD CALLING YOU TO OFFER
HELP & HOPE TO THOSE
EXPERIENCING
AN UNEXPECTED PREGNANCY?



Pregnancy Clinic Ministry Volunteer Training Course begins February 17

for information contact angela@pregnancyclinic.org
www.helphopeandhealing.org



934 West Street Annapolis MD 21401

RETURN SERVICES REQUESTED



Save the Date:

Walk and 5k Run for Life

September 18, 2021

Now Recruiting Church Captains and Business Sponsors!!!

Contact Sharon at patten.s@pregnancyclinic.org

WalkandRun.org



Join Us as a Sustaining Partner

As we are waiting for the Walk and Run, consider joining us as a Sustaining Partner! Your regular gift to the Ministry makes a life-saving impact all year long.

Learn more at Helphopeandhealing.org/Give.