



Wellspring Life *Ministry*

Fall 2023

When Ava saw the plus sign on the home pregnancy test, her heart sank. She was a single mom with many challenges in her life and another child was not in her plans at the time. Although in her heart she knew abortion was wrong, she was very early in her pregnancy and the abortion pill seemed to be an easy solution.

Her boyfriend was astonished by her reaction and begged her not to have an abortion. Ava was conflicted but remained determined to get the abortion pill.

She went to Planned Parenthood in Annapolis, right across the street from the Annapolis Women's Clinic. Accompanied by her boyfriend, she remained resolute despite his objections and what she knew in her heart to be wrong.

When she arrived at Planned Parenthood her determination began to waiver and she began to have second thoughts. Ava says she was seen by a nurse who told her that abortions were "normal" and that many women go through it.

According to the nurse, Ava should take the first pill at the abortion clinic and the next one at home - but they did not have any bottled water to give her, so Ava was instructed to take *both* pills when she got home. The nurse also emphasized that once she took the pill, "There is no going back." Ava took the first pill when she left Planned Parenthood and went to bed.

When Ava awoke the next day, she instantly thought, "What have I done?" Overwhelmed by remorse and regret, she fell to her knees and begged God to forgive her and save her baby. She and her boyfriend immediately started looking online for help. Ava was hopeful that she could undo what she had done, but she kept recalling the words of the abortion nurse: "There is no going back." Eventually, Ava and her boyfriend found the Abortion Pill Rescue hotline. Ava was connected with the Annapolis Women's Clinic,

“ Thank you for saving so many children (through APR) because there are women who change her minds. Thank you for all you do. ~"Ava" (name changed) ”

ironically directly across the street from where her ordeal began. We were able to see her right away and begin the Abortion Pill Reversal protocol.

Ava was eager and grateful to begin taking the medications that could save her baby's life. She said she she knew God had answered her prayers when they saw the beating heart of her baby on the ultrasound.

Throughout her difficult pregnancy, Ava was committed to the APR protocol and she and her boyfriend rejoiced at every milestone. Despite her anxiety that she would lose the baby, she asked God again for help, and each ultrasound revealed the baby was healthy and growing, with that strong little heartbeat.

Baby 'G' is now 8 months old, with adoring parents and a large extended family. Ava can't imagine life without her.

"I'm just so grateful for her... Women need to know that this clinic can help. God answered our prayers and she is here, she was saved."

Wellspring Life Ministry (formerly known as the Pregnancy Clinic Ministry) is a faith-based, medical non-profit, serving those facing pregnancy-related and sexual health issues by offering physical, emotional, and spiritual support, and empowering them to make healthy and life-affirming decisions.

wellspringlife.org

Pamela's Post



Announcing our refresh to "Women's Clinics"

We are very excited to announce that after 42 years, we are refreshing from Pregnancy Clinic to... Women's Clinics! Some of you have seen, read or heard us talking about this, but for those who haven't I wanted to take this opportunity to share further.

Last year when we added our umbrella ministry name of Wellspring Life we knew the dust needed to settle before we completed step 2 of refreshing the names of our clinic locations from Pregnancy Clinics to Women's Clinics. Each individual location is simply now:

Annapolis Women's Clinic * Bowie Crofton Women's Clinic * Severna Park Women's Clinic

This is the final step in the Strategic Plan which began in January of 2020, to better reach and meet the needs of the women we see today. I know in my heart I will forever remember and treasure the name as Pregnancy Clinic, but there are many valuable reasons for the change and it was undertaken with much thought and prayer. A few of the factors the Board of Directors considered in making this change were:

The pregnant at risk for abortion woman is and will always be our primary mission field: to save women and preborn babies from abortion. Yet when someone reads 'Pregnancy Clinic', it can appear that is all we are about. When we began in 1982, we only offered services directly related to Pregnancy, and that is no longer the case as our services have expanded - including the most recent, our Thriving Women's Wellness Care, which offers non-pregnant women breast exams, Pap tests, and other holistic care and counseling from a biblical worldview.

National studies have shown an improved positive response from abortion-vulnerable women to names without 'pregnancy' in them - because at the moment - they *do not want to be pregnant*. We are also seeing immediate positive responses not only from women, but local organizations, such as being asked recently to present information to our Anne Arundel County Health Department.



We know our challenge is those who control Google and social media, also support those who own Big Abortion businesses, but we press on in the battle over reaching the pregnant abortion-vulnerable women first.

We are praying for positive reactions from women in our communities as they further see us for our compassionate holistic care, as we know when they do, the word will spread among their spheres of influence and when more women who are pregnant and abortion vulnerable learn of us, they will turn to us FIRST.

Will YOU join us in prayer for the women to find us FIRST?!

Fall Volunteer Training

Do you feel a calling to help women and men who are considering abortion?
Are you looking for an opportunity to share the Gospel of Hope
with a hurting world?

Our Fall Volunteer Training Course will begin in late September. In this 9-week *daytime* course, you will learn important communication skills, information on fetal development and abortion methods as well as how to share the Gospel.

Learn more at [Wellspringlife.org/Volunteer](https://wellspringlife.org/Volunteer)

Volunteer Needs: Counselors, Male Volunteers (MVP), Receptionist, General Administrative Support, Nurses, Medical Providers, LifeSense Education Instructors, Spanish Speakers



Update: Thriving Women

In April 2023, Wellspring Life Ministry launched our newest program: Thriving Women Wellness Care. Thriving Women offers free medical services to women in our community (see infographic, at right).

Since launching:

- 24 women have received STD/HIV testing and treatment;
- 18 women - who had no insurance or access to care - have received a Well Women's checkup and testing; and
- 1 woman has been diagnosed with a pre-cancerous lesion and referred for additional testing.

"It is a privilege to serve women and care for them holistically - physical, emotional, and spiritual," shared Jen Willhite, the Ministry's Nurse Manager. "[Our Nurse Practitioner] Lianna has been such a blessing and has initiated many spiritual conversations with our clients. Plus, she speaks Spanish! I am excited to see what God will do in the future."

Praise God!

Will you join is in prayer? Pray:

- For our advertising to be effective and reach women in need of care;
- For God to open opportunities for staff and volunteers to engage in spiritual conversations with our Thriving Women clients; and
- That God will use Thriving Women to plant seeds of hope and truth in our clients and allow us to develop deeper relationships with women who will then refer their friends who are at risk for abortion to us.



LEFT: Lianna Stokeland, CRNP and Jen Willhite, RN, Director of Nursing. Photo taken in the Annapolis Women's Clinic

"I honestly did not know what I was going to do. Abortion seemed like the easy way out. Then I saw a little human being on the sono, and that made all the difference."

~Dana, Women's Clinic client

Volunteer Spotlight: Post-Abortion Bible Study

Are you struggling with an abortion in your past? Healing is possible.

Women and men who are suffering from a past abortion decision are invited to participate in the Ministry's confidential Post-Abortion Bible Study, *Forgiven and Set Free*. Learn more at [Wellspringlife.org/PAS](https://wellspringlife.org/PAS).

Arlene has been volunteering with Wellspring Life Ministry for almost 20 years. She served as a counselor for many years until, as she describes it, she felt the pull to become a Post-Abortion Bible Study Facilitator.

"It was important to me to move to the post-abortion side of the ministry to help women heal from the pain, guilt, and shame of their previous abortion decision; many are living under a dark cloud of regret and unforgiveness. The Study reminds hurting women that we serve a God who provides all things to each of us, especially love and forgiveness."



Gifts of Hope

Looking for a special way to show you care that will make a difference in countless lives? Make a gift In Honor or In Memory. Send your gift with the details and we will send a card to the person you designate.

Gifts Given in Honor of:

Bill Belt, by David & Kendra Joyce;
Cathy Chino, by Robert & Joanna Borowy; **Dan Raspa**, by Robbe & Kimberly Reddinger; **Jessica Helms**, in celebration of Mother's Day, by James & Jessica Helms; **June Bernius**, by Joseph & Amy Grigg; and **June Bernius**, by Nathan & Kristin Lewnes.



934 West Street Annapolis MD 21401
RETURN SERVICES REQUESTED

Gifts Given in Memory of:

Ed & Jeanne Danko, by Gregory & Kathleen Brunner; **Joanne Timmel**, by Stacie Tucker; and **Tom Johnson**, by Dale & Betty Lee Lewis.

Walk and Run for Life

Saturday, September 23

Mid-Atlantic Community Church
2485 Davidsonville Rd, Gambrills, MD

Raise funds to provide life-affirming counseling, ultrasounds and support to women in our communities, empowering them to choose LIFE!

- Join your church team, start a church team - or come on your own
- Become an Event Sponsor
- Family-friendly and kids activities available!

Learn More At:
Walkandrun.org

