



# Wellspring Life Ministry

## Fall 2025

In this ministry, God gives us the opportunity to come alongside women at a crossroads in their lives. We offer them a cool cup of water in Jesus' name, listen to their fears and stressors and offer them a different way of seeing their situation. The women find a compassionate counselor who listens and helps calm their anxiety, demonstrating the love of Jesus in every interaction. This "divine appointment" is often the start of a sweet friendship that is a true gift from God.

Marianna\* came to us in the summer of 2023 to talk about her pregnancy options. She told her counselor, Barbara, that although she would like to keep her baby, she felt very pressured by her boyfriend to abort and didn't know what to do. She and Barbara seemed to have an immediate bond, and the two discussed her feelings about her pregnancy, her boyfriend's reaction, and what Marianna felt in her heart was the right thing to do. They also talked about God and His love for her and her baby, and His plan for her life. Marianna left our office that day with an ultrasound picture of her baby, and a lot on her mind to consider.

That very evening, Barbara texted Marianna to see how she was feeling. Barbara immediately received a text reply with a photo of the ultrasound picture in a sweet little frame.

"I was going through a rough time at that time... unfortunately I was leading towards aborting [and] I do think about that a lot. But [Barbara] was right!"

**"You gave me confidence that I can have this baby. I am so excited for this journey."**

Although she continued to feel pressured from her boyfriend to abort, Marianna stood strong while he came to terms with her pregnancy.

Marianna stayed in contact with Barbara, just to say hi and share updates about her growing baby boy. Barbara continued to encourage her and occasionally would send her links to videos with Gospel messages and other resources.

The unexpected happened when Marianna went into labor at just 25 weeks. She continued to send Barbara updates as her baby boy spent his first three months of life in the NICU, and we at the ministry prayed for him often.

In mid March of 2024, Barbara received a joyous text: "Little Man is finally home! I'm so happy I can't stop holding him." Today Marianne and her boyfriend are both head over heels for their little boy and plan to marry soon. And Barbara was invited to his first birthday party and was able to hold the little boy she had prayed for so fervently.

Marianna said she often thinks about how close she came to never knowing the little boy who now is the light of her life.

"It was a pleasure meeting you." Marianna wrote. "Talking to you helped so much. I really needed that. You gave me confidence that I can have this baby. I am so excited for this journey."

# Pamela's Post

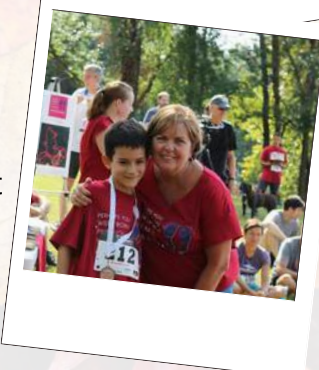
## Celebrating 40 Years of Walking & Running for Life!

Two years after we opened the doors to our first office in 1983, we held our first Walk & Run at Allen Pond in Bowie - making this year the 40th year for the Walk & Run for Life!

It's been a journey - from a simple Walk for Life around Allen Pond, to a "Walk & Roll" embracing the popularity of roller blades, then later adding a 5K run. When we opened the Severna Park clinic in 2006 we expanded the Walk and Run for Life to two locations, one in Bowie & one in Severna Park. In 2013 we combined the two event locations back into one and moved it to the wooded Belvoir Scott Plantation property, then owned by Rockbridge Academy. In 2018 we moved again to the beautiful campus of Mid Atlantic Community Church, now home of the Walk and Run for Life!

Throughout the years the one thing that hasn't changed is the true purpose of the importance of this fun, family friend celebration of life: raising funds to support the work of the ministry. The last few years of this event led to great growth to raising over 150K, has made it our largest yearly fundraiser and financial foundation for the ministry.

This year, the 40th anniversary of the Walk and Run for Life will be particularly special for me as it will be my last as CEO. (We don't have the new CEO hired yet, we will share the news with you when we do!) It would mean so much to me to make this the year when I personally raise the most funds for our life-saving mission! If you don't already have someone you are sponsoring or participating yourself, I would be honored if you would consider using the QR code and joining me in this challenge!



Every dollar raised at this event stays here in our communities, serving local women with entirely free services, truth spoken in love, and most of all, the hope found only in the Gospel

While we are talking about an event focused on raising money, ultimately this event makes possible the Wellspring Life Ministry mission of Serving Women \* Saving Lives \* Sharing Jesus! This is highlighted in the snippet below with the school bus. Last year alone, 221 women we know of, who were pregnant and considering abortion, CHOSE LIFE after after counseling, ultrasound and support. That is equivalent to almost

four full school buses filled with kindergarteners in five years from now. Close your eyes and savor that picture. Amazing.

What an honor we have to serve the Lord through Wellspring Life and be a part of what God is doing here. Day after day, week after week, month after month, year after year, decade after decade. Now imagine THAT number of lives saved!

I am savoring all the 'lasts' for me, this Walk & Run and the honor I have had serving here. I hope to see you Saturday Sept 20, either in person or as one of my sponsors.

For Life!

*Pamela*



**221 Babies Saved = 4+ school buses filled with smiling kindergarteners!**



# Parenting: LifeSense Class Expansion

We are thrilled to announce the recently expansion of our LifeSense Parenting Series to offer three new classes that are designed to address more of the specific needs of moms and dads, particularly families with children who are growing up and facing some of the typical challenges of our culture.



Cheryl Townshend

In addition to Parenting 1: Planning and Preparing, and Parenting 2: Tips and Tools, we now offer:

**Parenting 3: Positive Discipline** - this class helps parents strategize about how to motivate children with positive reinforcement so that they can thrive in life.

**Parenting 4: Anger Management in the Family** - this class addresses the problem of anger, providing helpful strategies for managing triggers and stress.

**Parenting 5: Parenting the ADHD Child** - This class equips parents whose children struggle with ADHD or similarly challenging behaviors. Moms and dads will gain new skills for navigating these challenges.

This new set of classes was designed by Cheryl Townshend, a dedicated teacher with many years of teaching experience at the college level and special expertise with teaching court ordered parenting classes. In addition to her professional teaching experience, Cheryl's approach to clients comes from the personal experience of successfully raising two boys to adulthood as well. Cheryl is a member of Belcroft Bible Church in Bowie.

All classes are open to anyone, including partners and clients. Learn more about our 20+ classes and Baby Shower in a Bag at [Lifesenseclasses.org](http://Lifesenseclasses.org).



## In case you missed it...

Two people we have been honored to help and care for over the years recently recorded videos sharing the impact of Wellspring Life Ministry in their lives. We know you will be blessed watching them. Find them at this link here.



Rebecca



Eric



## Gifts of Hope

### Gifts Given in Honor of:

**Chris & Cindy Ray**, by Charlotte Armentrout;  
**Jennifer Brinker**, by Walter & Catherine Hobart Jr.;  
**Katie Stauffer**, by Dan & Janice MacLeod; and  
**Sue Bolander**, by Mike Walker.

### Gifts Given in Honor of:

**Michael Singleton**, by Ronald & Lynn Dutton, and W.R. & Kelly Shurley; **Elwood Dove** by Deborah Dove; **Joseph Graves Jr.** by Michael & Margaret O'Brien; **Laura Steigert** by Gregory & Kathleen Brunner; **Marie Poole** by Gregory & Kathleen Brunner; **Nancy Dove** by Deborah Dove; **Tom Emert** by Skylar Heiser, Mark Lenart, and Jeff & Lisa Wadsworth.

## Year-End Info:

As you are considering your year-end giving, here are some dates to keep in mind:

**Dec. 15:** Initiate stock gifts

**Dec. 15:** Submit IRA QCD gifts

**Dec. 31:** Physical checks must be post-marked by USPS no later than Dec. 31. Cash and bank transfers must also be received by Dec. 31.

**More information:** [Wellspringlife.org/give](http://Wellspringlife.org/give)

Looking for a special way to show you care that will make a difference in countless lives? Make a gift In Honor or In Memory. Send your gift with the details and we will send a card to the person you designate.

# Fall Volunteer Training

Begins October 1st @ Faith Community Church

Do you feel a calling to help women and men who are considering abortion? Are you looking for an opportunity to share the Gospel of Hope with a hurting world? Are you ready to stand strong and be a witness for Life?

Our Fall Volunteer Training Course will begin Wednesday, October 1. In this 9-week *daytime* course, you will learn important communication skills, information on fetal development and abortion, as well as how to share the Gospel.

Learn more at  
[Wellspringlife.org/Volunteer](http://Wellspringlife.org/Volunteer)

 **Wellspring Life**  
Ministry

934 West Street Annapolis MD 21401  
**RETURN SERVICES REQUESTED**

# Walk and Run for Life

**Saturday, September 20**

**Mid-Atlantic Community Church  
2485 Davidsonville Rd, Gambrills, MD**

Raise funds to provide life-affirming counseling, ultrasounds and support to women in our communities, empowering them to choose LIFE!

- Join your team, start a team at your church or business - or come on your own
- Become an Event Sponsor
- Family-friendly and kids activities available!

Learn More At:  
[WalkandRun.org](http://WalkandRun.org)

